

# Increasing Our Inner Peace

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Walk with me along this path of spring  
And let its joyful promise help your heart to sing.  
Open your heart to receive the gifts you've earned  
And know that more will come from what you've learned.  
A new spring is here, a time to plant with love  
All that you've wished for and have received from love above.  
Let's make this new spring a time to plant all we hope for  
Knowing that every thought and deed can make our life soar.  
The choice is ours with every thought and breath  
To manifest the world we dream of in all from birth to death.  
A new spring is here, a time to plant with love  
The gifts we ask for and will receive from love above.  
-Susan Ackerman

Having begun my new April Inner Peace with a poem, I will also summarize it in prose. As a new April begins, it is the sacred work of every person to focus on all that we want to create. No matter what is happening in the world, the wisdom inside each of us knows we are each responsible for all that we create with every thought and action.

Aries, the first Sign of the Zodiac, reminds us that we are each a unique and separate individual. It reminds us to know, understand and appreciate who we are, so that we can find inventive solutions in our own unique way. It fills us with energy so that we can be a courageous pioneer and inventor.

While moving forward in our Aries energy, we must be careful not to live in its ego parts of being impatient, overly driven and selfish. We must finish what we begin and not move too fast and miss important information or precautions.

In this New Time, Aries reminds us to focus on whatever approach and action speaks to our heart-minds and then to move forward with kindness and integrity. There is so much daily information available, much of it speaking to people's fears. No one can know what tomorrow might bring, but as we react to whatever tests and challenges may arrive, we are asked to learn from them and be responsible to act with honesty and integrity.

Back in time, April was when the New Year began. Now, in this New Time, may we each set our intention to move forward with kindness, love and a belief in Life's Goodness. May we each give our gifts with patience and love, respecting every person's right to be the unique part of the Divine Creator that they are, so that we will co-create a world of peace based on love.

Happy New April!

With Love and Light From Your Fellow Student of Life and Friend,  
*Susan*

PS. Please share this newsletter with anyone who would benefit from it.