

Increasing Our Inner Peace

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The rainbow in my photo welcomes us to a new September. Rainbows remind us to look for the beauty in every change. We can see and feel a lot of change opening up all around us. Some of it is from the fall season beginning and some of it is connected to this new Aquarian time we are living in.

September begins when the Sun is in the Sign of Virgo, the apprentice and the student. It asks us to become more efficient and effective in our work. It focuses on learning to improve our health and teaching us to take better care of ourselves and others. The Virgo energy asks us to strengthen the healer within each of us as we make changes and improve all that's needing to heal and grow.

The Virgo energy needs to learn. This year we also look at some of the other powerful energies in play. Jupiter and the South Node in Leo are asking us to increase our self-confidence and creativity. The Moon in Taurus is reminding us to move slowly and steadily and value ourselves. The North Node in Aquarius is asking us to join with others to make this earth one where we work together and improve all that needs to be changed.

We are each students in the classroom of life, wanting to learn and grow from every challenge. Ask yourself:

- In what areas am I needing to reach up for higher understanding?
- What will help me learn how to improve my health?
- How can I accept all people where they are in their life without judging them?
- How can I let go of all that worries me and live with hope?
- How can I study from wiser teachers in any area I are needing to learn?
- What can I do to help nature and the earth be healthier?

New Times ask us to learn, grow, improve and be of service wherever it is needed. May we each apprentice ourselves to creating a world of peace and love

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Happy New September!

With Love and Light from your
Fellow Student of Life and Friend,
Susan