

# Increasing Our Inner Peace

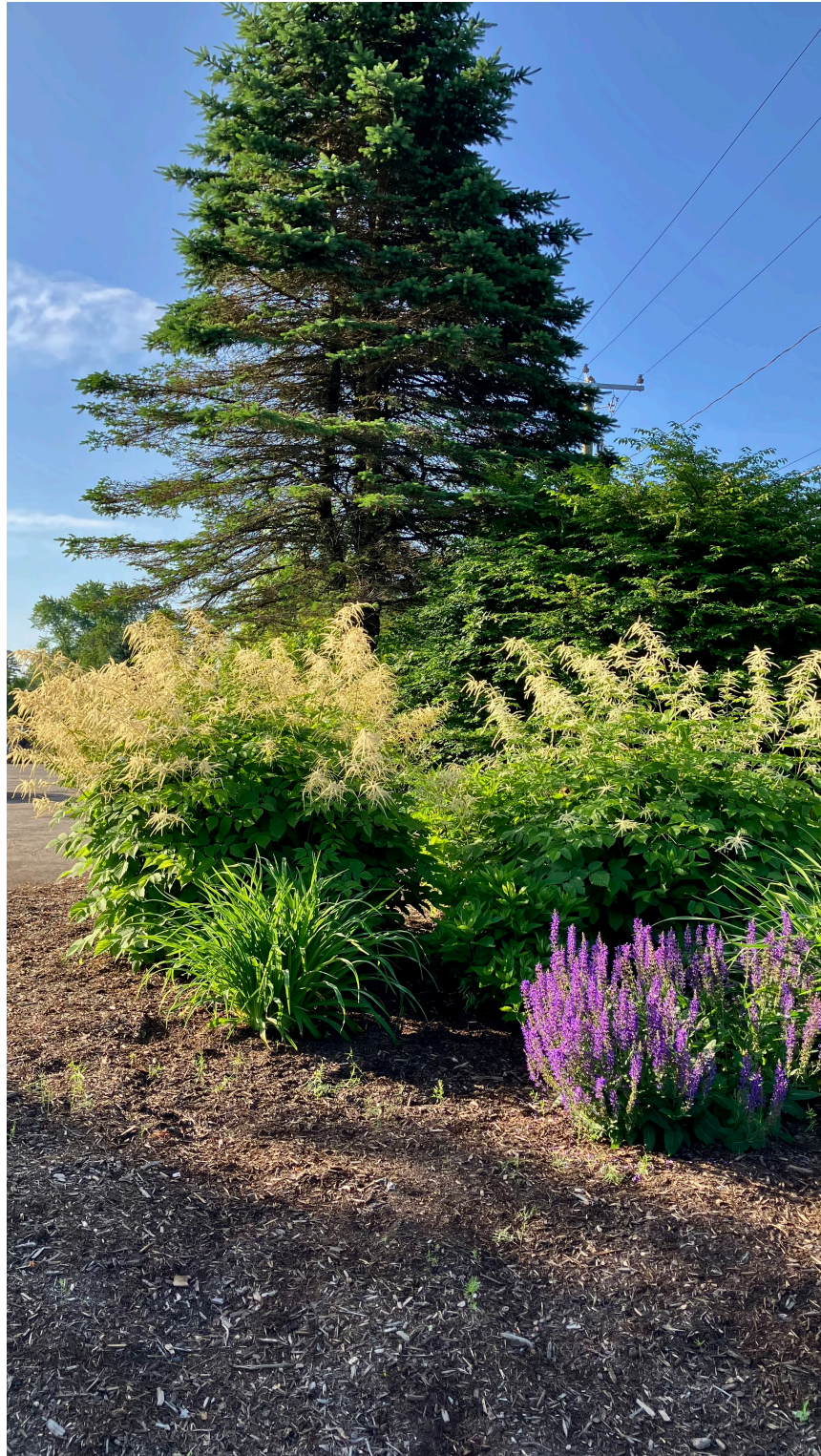
from Susan J. Ackerman

[sackerman@lifeinsightastrology.com](mailto:sackerman@lifeinsightastrology.com)

Volume 13

Number 6

June 2026



Welcome to the month of June 2026. June is known as the month of graduation. In the past, it was when we graduated from whatever grade we were in. Now, in 2026, it represents our inner graduation process as we climb the ladder of our own daily inner evolution. Knowing that life is filled with ongoing lessons, we ask ourselves every day to raise our understanding and learn how best to rise to a higher understanding of life.

We know we are here on earth to learn and grow and give our gifts wherever they are needed. Thinking back of our past graduations, June is a perfect time to review what we have learned so we can carry that knowledge into this new time. One of our most important lessons is accepting all people exactly where they are in their own evolution. Another lesson is forgiving ourselves for mistakes we have made, correcting our mistakes and learning that they are part of our upward climb toward greater love.

May we thank the divine in us daily for helping us to respond positively to all opportunities for inner growth. May we let go of all reactions of anger, impatience, fear, anxiety, disappointment, judgment, jealousy, guilt and shame. Our negative reactions keep us from learning by binding us in a pain that only delays our growth. Our inner graduation helps us understand that those reactions were from our lack of understanding that life is for growth and love. That knowledge helps us love and accept all people exactly where they are in their evolution and know they will grow in Divine Timing. We know that every person is always loved by our Divine Creator.

I once wrote, "Have compassion for the mad and sad. They do not know love is never bad." It's a wonderful summary of my June Inner Peace.

May we grow more loving every day and replace our fear of the future with the truth that all will be well in Divine Timing. May we support and help all people move forward with love by living as an example of love. Love is why we are here.

Happy New June!

With Love and Light From Your Fellow Student of Life and Friend,

*Susan*