

Increasing Our Inner Peace

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Welcome to the month of May 2026. The word May invokes an ongoing prayer, as in May we be ... May we have... May we ... (fill in all you wish and pray for).

As we observe the playful clouds in my photo, it reminds us that the word May gives us many options for how to interpret our thoughts and questions. The choice is always ours.

Another thought is that the word May is a prayer and a request for the deepest longings and wishes of our soul. It opens the door to inner peace and complete health and happiness for each of us and the world. May reminds us that we have many options for how to respond to all that is happening. We may choose gratitude and peace or not.

In this month of Taurus, we are reminded to value the material gifts of the earth and value our own worth as people. Taurus energy reminds us of all that is enduring, stable, and practical. It is a builder with its slow, steady energy and its love of nature. Taurus reminds us to be practical, stable, and a builder.

Its ego traits to be aware of and move away from are being possessive, stubborn, afraid of change and placing too much energy on material things.

The Second House, the House of Taurus in our Birth Charts reminds us to love all beauty, nature, all the earth's gifts, and to value our worth. It reminds us to appreciate all people, animals, trees and plants. This is the House in our birth charts that shows us how to increase our prosperity.

Taurus rules all we touch, including our gifts in art, sculpture, painting, the gardener in us and the gift of our voices to add the beauty of song and playing music.

The T in Taurus stands for touch, reminding us to touch all of life with our loving, grateful hearts. The more we plant actions and thoughts of peace, the sooner we will create the loving world that we hope for and dream of.

The more we are aware of our unique gifts, the better we can support and help all people move forward with love. Love is why we are here.

Happy New May!

With Love and Light From Your Fellow Student of Life and Friend,

Susan