

# Increasing Our Inner Peace

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Welcome to the new month of April! It's a part of all Aprils past and yet, unique to this new time. Let's think of both, its continuation and what this new time is teaching us.

April begins the new year in the Zodiac since it's the first Sign in Astrology. Let yourself feel the new beginnings in my photo, in everything from the greening grasses to the growing trees and background mountains, all symbols of eternal growth.

For most of the month of April (from the 1st to the 19th), the Sun is in Aries. This is a good time to examine the gifts and challenges of that Sign. Aries rules the color red. As we observe plants reaching up for new growth, the color red is very prominent as you can see in the trees on the left of my photo.

Red stands for reaching up and out, certainly the movement we observe in early spring. The Aries in every person is the part of us that needs to be

a unique and completely separate individual. Its keyword is Action and our Aries needs to move forward and act.

It is a highly energetic part of us that is inventive and courageous. It is an energetic go-getter and a quick thinker. It represents the love of our unique self and our physical body.

You can see how all of those gifts help us to move forward. On the other hand, we must always be aware of its ego so that we can choose not to act from that part of us. The Aries ego is the part of us that feels driven and cannot rest. It is the most impatient of all the Signs because it wants what it wants NOW. As a result it can bring out the selfish parts of us that have difficulty finishing things. A keyword is Me, Me, Me since it operates from a me-first approach. It also needs to remember that every person grows in their own timing at their own pace but they will get there.

Aries is the great defender of all that it sees as unjust. It does have a tendency to ignore the lessons that difficult situations have to teach us. The more our ability to understand the overview grows, the more we will be able to understand its opportunities for growth. Our understanding of the positive process of growth will help balance any impatience we may feel.

The more we each send out our individual sight and knowledge that we are here to grow and learn in perfect divine timing, the more patient we will be. The more we are aware of our unique gifts and courage, the better we can support and help all people move forward with love. Love is why we are here.

Happy New April!

With Love and Light From Your Fellow Student of Life and Friend,

*Susan*