

Increasing Our Inner Peace

from Susan J. Ackerman

sackerman@lifeinsightastrology.com

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We are beginning a new February in a new year. Our ability to understand and observe this time will help guide us and make the most of its gifts.



As you have already read in my January daily writings, the Sun is now in the Sign of Aquarius, an energy that will be prominent for the next 2,160 years. To better understand this energy, let's look at the words to the Age of Aquarius by the group 5th

Dimension, written in 1967 for the musical Hair written by James Rado and Jerome Ragni (lyrics), and Galt MacDermot (music).

Chorus: When the moon is in the Seventh House And Jupiter aligns with Mars,
Then peace will guide the planets And love will steer the stars.
This is the dawning of the Age of Aquarius, The Age of Aquarius, Aquarius! Aquarius!
1. Harmony and understanding Sympathy and trust abounding
No more falsehoods or derisions Golden living dreams of visions
Mystic crystal revelation And the mind's true liberation, Aquarius! Aquarius!
Chorus: When the moon is in the Seventh House And Jupiter aligns with Mars
Then peace will guide the planets And love will steer the stars. This is the dawning of
the Age of Aquarius, The Age of Aquarius, Aquarius! Aquarius!
2. Harmony and understanding Sympathy and trust abounding
No more falsehoods or derisions Golden living dreams of visions
Mystic crystal revelation And the mind's true liberation Aquarius! Aquarius!

The song has proven itself to be a helpful prophetic vision of this Time. When we look at all that's going on in the world at the moment, we know the prophesy has not yet fully happened. But it gives us a view of the current difficulties and future goals. We can observe countries and governments reacting to this time. No one knows for sure how it will all play out, but our individual work is to focus on helping to create a world of peace and harmony. Those goals take their roots within every person.

The energy of Aquarius asks us to find ways to make this world a better place. It reminds us to work with groups and friends that support and promote our goals and to be logical in our thinking. This social, humanitarian energy reminds us to move forward in our lives and to embrace change. We must stay away from the ego's overly distant, bossy behavior solely based on logic.

It is a time to promote our dream of a peaceful world and join with others to help make the dream of a peace-filled world a reality.

May we each give our gifts with patience and live as examples of peace and faith in positive outcomes. Happy New February!

With Love and Light From Your Fellow Student of Life and Friend,
Susan