

# Increasing Our Inner Peace

from Susan J. Ackerman

[sackerman@lifeinsightastrology.com](mailto:sackerman@lifeinsightastrology.com)

Volume 12

Number 12

December 2025



## DECEMBER

I am a candle glowing in the night. Like me, in this last month of the year, this month of celebration, you are also a candle for others, warming their lives with your love. Shine your own joyful light, wherever you may be, and its radiant brightness will be seen near and far.

“The Gift of Time” by Susan J Ackerman

Copyright 2009 Susan J Ackerman

In 2009, I wrote and published "The Gift of Time, messages from the months. I begin this month's Inner Piece with a quote from my book.

My photo shines with the excited optimism and wonder that each new day offers us, reflecting the wisdom of Sagittarius. It reminds us to look up at the sky, stars and sun, remembering they represent Higher Knowledge in ourselves and in life.

In this new / old winter season, it is most important that we place our attention on the gifts that Sagittarius teaches us: to love learning about higher knowledge and to love and respect every soul, knowing that each is learning exactly what they need to learn.

As we look up at stars tonight, let's remember that life is a wonderful adventure that helps us grow and expand our understanding of life, truth and justice.

The Sagittarius in each of us is honest and optimistic. It reminds us to nurture animals, knowing they also nurture us and to learn from them. It helps us carry within us the storyteller, traveler, philosopher and seeker.

The parts of this Sign what we want to avoid are being scattered, insensitive, unrealistic, naive and impractical. We are reminded to think before we speak since this enthusiastic energy may not be sensitive to other .

The theme of this time is expanding our joyful knowledge that life is a good process and that all will be better in divine time. Let's enjoy the process and fill our hearts and minds every day with the knowledge that all that's happening is to help us become more loving and more flexible. Let's hold a vision of a world living in peace everywhere, where people help one another whenever a need arises. It's a vision of a world where kindness and understanding rule. The more we focus on that goal, each of us will help that reality to come into being. May we create a world of inner and outer peace with our loving thoughts.

Happy Holiday Season!

With Love and Light From Your Fellow Student of Life and Friend,

*Susan*

PS. Please share this newsletter with anyone who would benefit from it.