

# Increasing Our Inner Peace

from Susan J. Ackerman

[sackerman@lifeinsightastrology.com](mailto:sackerman@lifeinsightastrology.com)

Volume 12

Number 11

November 2025



November has arrived and the signs of growth change once again. The leaves change from the vibrant greens of summer to the deep oranges and golds of late fall, reminding us life is constant change.

Astrologically, Sun moves into the Sign of Scorpio at this time, the Sign that speaks of transitions, endings and beginnings. Scorpio is the only Sign that has four symbols, representing its stages, the Scorpion, the Eagle, the Phoenix and the Dove of Peace. They clearly illustrate life's constantly changing, often dramatic movement from endings to often subtle beginnings.

I believe that Nature echoes the truth of Life. I believe that Life was created by a most loving Creator who gives us free will to rise, in time, to our highest most loving Selves. In time, we will each know that life is eternal. Autumn, in its dramatic changes, is a beautiful illustration of the cycles of life and death, which return with the rebirth of spring.

As we observe this brand new time of change, it is our sacred work to hold the most positive vision as we move forward. We know that every person grows at their own pace. As we hold the highest love for all of life in our hearts, it will help us to be an inspiration to help others in this time of major change. The Sign of Scorpio reminds us that, in perfect timing, we will each rise above all challenges and arrive at the goal of living our lives with the peace that accepts all people wherever they are in their growth and loves all of life.

As we open ourselves to knowing that Life is constant change, let's focus on the Present moment and send our inner peace to everyone, everywhere. The more peace-filled and hope-filled we become every day, our daily practice will contribute to the world's peace.

This month, I also include an attachment of a song I wrote called "The Circle of Love" which I sang with my music partner, Ed Mulhall.

Happy New November!

With Love and Light From Your Fellow Student of Life and Friend,

*Susan*

PS. Please share this newsletter with anyone who would benefit from it.