

Increasing Our Inner Peace

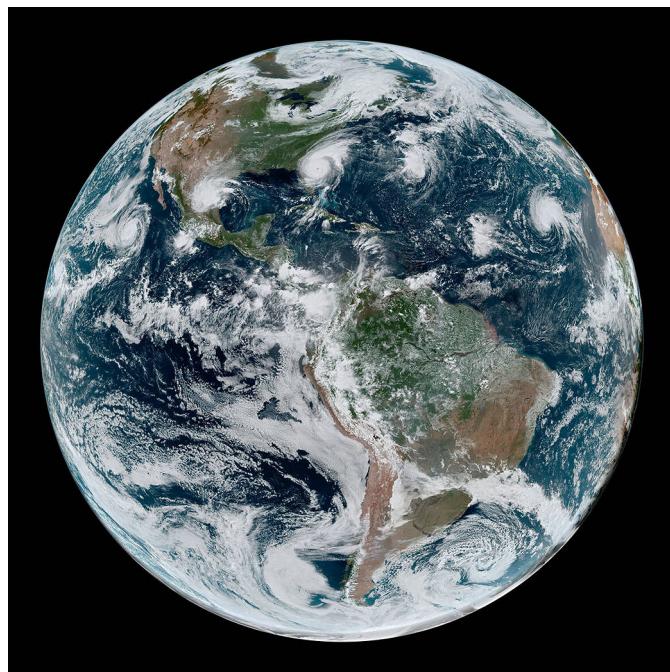
from Susan J. Ackerman

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Volume 8

Number 5

May 2021



Happy First Spring in the new Aquarian Age. I chose a NASA photo of the earth from outer space for this month's message to remind us that in any new time, our perspective of the overview helps us maintain our Inner Peace and grow.

Everyone sees changes happening but none of us knows how it will all play out. What we do know is that all of life is under the loving, watchful eye of the Divine and that in time, it will all work out for the best. The question is, How do we navigate the Time of Now? Observe your reactions. If you or others are feeling more forgetful, absent-minded or having a harder time sleeping, don't be frightened or judgmental. It's all part of our adjustment to a brand new time. The violence we see in the world also comes from fearful reactions to the change. When we understand that, it helps us live with more compassion and maintain a peaceful, loving approach to life.

Imagine you are out in space and could see the earth as in these photos. Many space travelers have described their experience as very spiritual. Why? I think it's because they felt the love that created the earth and had a deep desire to care for it. That is a major part of May's message.

An Astrologer and Counselor for 40 years, I am constantly examining the meaning and effects of the planets on our lives. Currently, Uranus, the Ruler of this Age is in the Sign of Taurus, which is connected to our love of nature and the earth. Taurus asks us to enjoy and appreciate all of Nature, to be thankful for all its daily gifts from a morning cup of coffee or tea to all we eat, grow, and touch. Uranus creates and will create major changes to whatever it touches.

In addition to the internet, Uranus rules the computer, science, research, the higher mind and spirituality. It's also connected to friends, community and surprises. Now you see why these have taken a major role in our daily lives.

Putting it all together, you can see we are being asked to know that the changes and surprises we see and will see are all under the loving, watchful eye of the Divine Plan to help us move to a more caring world that will live in peace.

May we enjoy this New May with grateful hearts.

With Love and Light From Your Fellow Student of Life and Friend,



Susan

PS. Please share this newsletter with anyone who would benefit from it.