

Increasing Our Inner Peace

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In the cycle of seasons, every August represents a vacation time to relax and enjoy the ease of summer's gifts. But every August is also unique and this one is no exception. What's different about this 8th month of August? The number 8 on its side ∞ is the symbol of infinity. In Astrology, the 8th House represents endings and beginnings, death and rebirth. What is infinity but the concept that life never ends, but is an eternal cycle of change?

With the concern about the pandemic this year, there is much fear of getting sick and dying. Since everything that happens is a lesson to help us

grow, we are being asked in this new time to deeply believe that there is no death, only life after life, after life. There are many people alive at this time, myself included, who had near-death experiences and had a chance to return. We were shown that there was no death and that the purpose of life is to know that life is for understanding and for love. If we want to love unconditionally, we must know that each person is at their own level of understanding. Then we can accept everyone as a special part of the Divine.

Eight is the number of manifestation. To manifest our health, we must come to know that our thoughts create our reality. Fearful thoughts create illness. Hope-filled thoughts create health.

In 2020, we have entered a new era, the Aquarian Age of Science and Spirituality. I believe this is the lesson of the pandemic, asking us to move away from over-materialism, to reach out and help one another as equals and help the Earth to return to health. The Sign of Aquarius rules electricity and the computer, so it is no accident that the use of the computer as a teaching and learning tool is becoming more prominent. Aquarius also is connected with logic and distance, which we can see in the need for social distancing. But this has happened to help us take a good look at what we need to change in ourselves and in the world. Once we raise our understanding, health and kindness will prevail and the pandemic will become a part of history.

What's different about this August? It is part of a whole new Age of Understanding to help us reach for the best we can be. That is our gift for Inner Peace.

Happy Reaching!

With Love and Light From Your Fellow Student of Life and Friend,

Susan

PS. Please share this newsletter with anyone who would benefit from it.