

# Increasing Our Inner Peace

from Susan J. Ackerman

[sackerman@lifeinsightastrology.com](mailto:sackerman@lifeinsightastrology.com)

Volume 4

Number 10

October 2017



We are the lucky beneficiaries of October's gifts. There are so many wondrous sights, it's hard to choose a favorite. Maybe that's how God sees us. We are all His favorites. To me, October says, We each bloom at whatever stage in life we're ready, from our childhood to our older years. We are each walking on the same path to Greater Understanding, Greater Peace, and Greater Joy. Whatever our stage of evolution, we all are all on this same path.

When we witness all the difficulties our Earth is undergoing, it's hard to remember that this is all part of a larger plan to help us become more loving. There are so many things we could learn from difficulties. We could increase our patience, our humility, deepen our knowledge that all be well in time and come to trust that we will have answers in time. We have seen how catastrophes often show us the kind, generous and compassionate sides of people. It is all part of our ongoing cycle of growth.

Autumn, like every season, is part of a larger cycle of time that reminds us, in glorious colors, that there's beauty in every new beginning when we open our eyes to see. Since change is the only constant in life, Fall reminds us to look at the overview and see the gift in every change. Someone once said about a bad haircut, "The nice thing about it is that it will grow out soon." Even if we are not happy with all that's happening in the world, we can trust that things will change soon. It's how life moves to help us grow.

Our job is to focus on what we want ... peace, kindness, harmony toward one another and the Earth. As each of us chooses our focus, we will help create a peace-filled world, one by one.

With Love and Light From Your Fellow Student of Life, and Friend,

*Susan*

PS. Please share this newsletter with anyone who would benefit from it.

PPS. My photo this month was taken in Sugar Hill, NH.