

Increasing Our Inner Peace

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What a wonderful reminder this photo is. Life asks us to look at all the little places in our life that are growing and filled with beauty. So often we walk right past them and never notice.

As summer comes to an end and a new season begins, a new cycle opens up. It is the cycle of learning and improving. Small wonder that school begins each fall. We are each “going back” to learn something new.

All of us are here on Earth to learn our lessons and help one another with our gifts. September is the part of the cycle that reminds us of that and asks us to study something we value. Every time we learn something new, we inevitably make mistakes. But the true test is how we deal with the error. Do we get down on ourselves and become depressed and upset?

Do we obsess about the mistake? Shakespeare once said “To err is human.” To balance that, we must add: Now stand back up when you’ve fallen off your symbolic bicycle, brush yourself off, and go forward with more understanding. That’s the Key. What is that mistake trying to teach us? What is the lesson we’re asking ourselves to learn? As we answer these questions, we must remind ourselves to look without judgment so that we can understand and correct our course. We do have the right to evaluate what is not right. What we must not do is judge the error.

What is the difference between Judgment and Evaluation? It is objectivity. We have to look at our mistakes with an impartial, non-emotional eye. If we are thankful for the lesson, rather than being upset and chiding ourselves, we can learn happily and get right back on the bicycle of forward motion.

The September questions I would ask you to consider are:

★What lesson/s are you working on? Those of you who have studied Astrology will know that it is connected to your North and South Nodes and their Houses.

★How are you doing? Are you moving forward patiently, being kind to yourself and grateful for your lesson/s?

★What is the next step you will want to take because of this lesson?

To be alive is to grow, expand and change. Thinking of the beautiful pine in my photo, let it remind you to appreciate your ongoing growth and the growth of everyone and everything in your life. Remember that We are wonderful Today and will be even better Tomorrow. Repeating this sentence helps us accept the Present and have the humility to know we are always growing and improving. It’s a major key to Inner Peace.

*With Love From Your Teacher, Fellow Student of Life, and Friend,
Susan*

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