

# Increasing Our Inner Peace

from Susan J. Ackerman

[sackerman@lifeinsightastrology.com](mailto:sackerman@lifeinsightastrology.com)

Volume 1

Number 3

April 2014



As I travelled to Franconia this morning, the radio broadcaster announced, “Spring is late in the North Country this year. “ That led me to thoughts about time and what is lateness. We call it late because we expect its manifestations to arrive sooner, as it has in previous years. Our expectations aren’t allowing us to enjoy just exactly what spring is this year. But if we breathe in the air on a warm day, it smells just like spring air. If we open our senses to the feel of spring, it’s right on schedule. In fact, everyone and everything is right on schedule...their schedule. That may differ from person to person. Were you called a Late Bloomer? Late by whose standards? Certainly not yours ... You are right on track for what you wanted to be doing at this moment in your life.

This morning I heard the birds singing their spring song. I found myself thinking, They know it's spring. They can smell it and feel it. That's where we humans often have difficulty. We don't trust what we feel. How many people only trust what they can see. Our Divine Brain leads us to Truth all the time but it is our job to trust what we sense. That is part of our ongoing practice of peace.

What does the month of April tell us? Perhaps its message is

**Awaken**

**Peace.**

**Reach.**

**Investigate**

**Life.**

The tiny shoots are awakening, reminding us that new life returns after a long, winter's sleep. We are being asked now to reach for new heights of peace within ourselves, to awaken dreams we've had and investigate new ways of bringing them to fruition. Life beckons each of us to be our exciting, aware Self and we continue to grow and change with each new day. Let's climb the ladder of spiritual evolution together into this wonderful new time of opportunity.

Happy Spring!

With Love From Your Teacher and Friend,

Susan

PS. Please share this newsletter with anyone who would benefit from it.

To unsubscribe, just email me at

[sackerman@lifeinsightastrology.com](mailto:sackerman@lifeinsightastrology.com)