

Increasing Our Inner Peace

from Susan J. Ackerman

sackerman@lifeinsightastrology.com

Volume 1

Number 2

March 2014



Spring is in the air! Can you feel the sweetness of its breath as it welcomes the new Season? The rivers are beginning to flow again and all that has been resting in winter's waiting is awakening.

On March 20th we will experience the Vernal Equinox when daylight and darkness will be equal. This is the ideal time to balance our conscious and unconscious gifts. This is the time to watch for and interpret Messages from our Guides and Angels, using the Unconscious to receive them and our Conscious to interpret them.

Don't be afraid that you haven't been sent any. We all have. Here's an example I recently experienced. The other morning I noticed my favorite wristwatch had stopped working at 6:09. That is a time and number I have identified with for many years. I picked up the watch, reset it to the correct time, and watched it go right on working properly for the rest of that day as well as the following days.

“So this is a message to me,” I thought. “But what could it be saying. I mulled the thought around in my mind and began to ask questions like, Is time standing still for a moment? Should I be sitting still? Is it about a battery? By the end of the day, I decided to have the battery in my car checked out. And what did I find out? That it was extremely low. I went ahead and bought a new battery for my car. But I mustn’t stop asking questions about its meaning since symbols often have more than one layer. I haven’t yet found any further meanings to this symbol but I will remain vigilant to see if there is more information.

This is what Life is asking you to do in this beginning month of Spring. Watch for signs and ask what they might mean. It is a lifelong and very important practice for all of us. Why is it an important practice? Because you are in training to understand the many messages your Guides and Angels are sending you to help you in every area of your life. Each time you see and interpret a message, you have strengthened your ability to read your Divine Compass. Perhaps the letters in **MARCH** stand for **M**essages **A**bound. **R**each. **C**hoose **H**appiness (or perhaps the CH stands for **C**learly **H**ear.) See what you come up with for the messages for the word March.

As spring’s water rushes by you, ask yourself ... Are you moving through your life at a pace that brings you peace? Are you rushing? Are you moving too slowly? Are you greeting the changes with excitement and acceptance? Become your own detective and allow Life to fill you with its fascinating clues. You are working on solving the pieces to the puzzle of your own life.

Up through 1751, March 25th was considered New Year’s day in the colonies. This March, your new beginnings involve an ongoing Life Mystery Puzzle in which You are the central character.

Enjoy the show!!!

With Love From Your Teacher and Friend,
Susan

PS. Please share this newsletter with anyone who would benefit from it.
To unsubscribe, just email me at sackerman@lifeinsightastrology.com